

Dr. Hans A. Diehl

CARDIOVASCULAR EPIDEMIOLOGIST and LIFESTYLE INTERVENTIONIST

"An altogether thoroughly reliable person in the field of diet and health."

—Dr. Denis Burkitt, London, England

DIRECTOR Lifestyle Medicine Institute, Loma Linda, CA 92354-0474
(909) 796-7676

AUTHOR Bestselling book *To Your Health* (208 pages);
Dynamic Living (208 pages) with Aileen Ludington, MD, plus Workbook.

EDITOR of popular *Lifeline* (16 pages), an international health letter published since 1986.

COLUMNIST for *Signs*, an international monthly magazine, 1989-1995.

PUBLICATIONS in peer review journals.
Contributor to:
Western Diseases: Their Emergence and Prevention, edited by
Denis Burkitt and Hugh Trowell, Harvard University Press.
Western Diseases: Their Dietary Prevention and Reversibility
Denis Burkitt and Norman Temple, eds., Humana Press.

FILM MEDIA Coordinator of and medical consultant to eleven videos.
Medical consultant to films on heart disease, *Change of Heart*,
and on smoking, *Second-hand Smoking* (Pyramid Films).

LECTURES Developed 40-hour seminar curriculum, presented in India, Canada,
Switzerland, USA—more than 14,000 enrolled.

LECTURES Internationally known lecturer on lifestyle medicine and
health enhancement, and on the prevention and reversibility
of certain Western diseases.

BACKGROUND Post-Doctoral Scholar, UCLA.
Post-Doctoral Research Fellow in Cardiovascular Epidemiology,
National Institutes of Health.
Doctorate in Health Science and MPH (Nutrition),
Loma Linda University, Loma Linda, CA.