

Banana Pudding

(Serves 4; makes 3 cups)

10 ounces soft tofu
6 ounces firm tofu
2 small very ripe bananas
1/2 cup granulated sugar
1/4 cup soymilk (calcium fortified)
2 teaspoons vanilla

In a blender or food processor, blend all ingredients until creamy and smooth. Pour into small dessert cups and refrigerate for 2 hours. Serve cold.

Recipe from *CalciYum!*, by David and Rachelle Bronfman.

